

Ergonomics: Safe Workstation Setup Assessor Training

[Beginner/Intermediate Level]

Have the confidence and skills to competently conduct workstation assessments at your workplace.

Why Attend?

Reduce the financial burden associated with workplace injury and time-off.

Managing in house, only needing to engage consultants to undertake "complex" ergonomic assessments.

Understand your workstation equipment purchases – stop wasting money on items that end up in storage.

At the end of the training workshop, attendees will have an understanding of:

Basic principles of human anatomy

The causation of muscle pain and discomfort

What safe workstation posture looks like

The purpose of stretching and rest breaks

How to conduct an assessment

What to look for when purchasing equipment

Manual handling considerations for the office

All attendees are provided with:

A safe workstation setup assessment template

One month's access to our online module "Safe Workstation Setup"

Certificate of Attendance issued by the trainer

Need more information, please contact:
training@actionohs.com.au

Training Registration Form *Safe Workstation Setup Assessor*

Please return completed form to:
admin@actionohs.com.au

Training will be conducted at Action OHS Consulting's Training Room in Richmond, Victoria

Training Dates

- Thursday 26 November – 9 am to 12 pm
- Make me aware of other training dates
- Conduct training in house – *price on application*

For information on on-site training, please contact:
admin@actionohs.com.au

Attendees Details	
Business Name	
First & Last Name	
Job Title	
Email Address	
Postal Address	
Invoice Details	
Email Address for invoice to be issued	

Attendance is confirmed on payment of the invoice.

Training Information

- ✓ Investment: \$225.00 per person (inc. GST).
- ✓ Registration and coffee from 8:45 am. Course hours 9 am to 12 pm daily.
- ✓ Course documents provided.
- ✓ Refreshments and morning tea provided.
- ✓ Certificated issued to attendee within 10-days of completing the training session.

Cancellation Policy

- ✓ Cancellations, less than 10 day notice prior to course commencement, are non-refundable under any circumstances. However, another person may attend in lieu of the original registrant.